



MGP Modifications for stomach Intolerance

- 1. Kale Leaf**
Start with 1/8 of a large kale leaf and increase by 1/8 every three days as tolerated until up to one full large leaf.
- 2. Ginger Root**
Start with 1/8 teaspoon of ginger root. Attempt to gradually increase by 1/8 every three days as tolerated until full dosage of one tablespoon in met.